Nell's Ready Game

Four steps for before your turn

1



Dig your feet in the dirt.

2



Take three slow sniffs and puffs.

3



Find one friendly face.

4



Tap one little tap.

If you curl up, that's all right. You can uncurl when you're ready.



From the picture book Nell's Ready Game, by Arden Vale.

inzention.com/books/nells-ready-game